## Asian Pear Slaw







Blue Cross Blue Shield Blue Care Network of Michigan

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Asian Pear Slaw

## Ingredients

- 1/2 head of purple cabbage, julienned (cut into thin strips)
- 2 Asian pears, peeled and julienned
- 1 carrot, julienned
- 1/4 cup finely chopped fresh cilantro leaves
- 2 green onions, thinly sliced
- 1/2 inch piece of fresh ginger, finely grated
- 2 tablespoons fresh lime juice
- 2 tablespoons apple cider vinegar
- 1/4 teaspoon finely chopped Thai red pepper (optional)

## Instructions

- 1. Whisk together the ginger, lime juice and apple cider vinegar, then toss with the remaining ingredients.
- 2. Plate, and top with fresh cilantro. Let stand for a few minutes before serving.
- 3. Serve and enjoy!