CUCUMBER AND PEACH SALAD

INGREDIENTS:

1 shallot, finely chopped Kosher salt

2 lemons

2 tbsp white wine vinegar

2 lbs mixed cucumbers, sliced 1/4" wedges

1 English cucumber, halved and sliced

2 lbs yellow peaches, sliced 3/4" wedges

4 oz mild feta, crumbled Ground black pepper Handful of basil leaves, torn Handful of mint leaves, torn



PREPARATION:

Vinaigrette:

 Place shallot in a small bowl and season with a pinch of salt.
 Finely grate zest from one lemon into bowl; cut lemon in half
 and squeeze juice. Add vinegar and toss to combine. Let sit 10
 minutes.

Salad:

- Place cucumbers in a medium bowl and season with salt.
 Spoon half of vinaigrette over and toss gently to coat.
- 2. Place peaches in a serving bowl and season with salt. Spoon remaining vinaigrette over and toss gently.
- Add cucumbers to peaches; combine. Add feta; season with salt and pepper. Top salad with basil, mint, and lemon juice.

Recipe source: https://www.bonappetit.com/recipe/cucumber-and-peach-salad-with-herbs











Shop at your farmers market, make this recipe, share your photo. #MIFarmersMarkets

FOOD SAFETY TIPS

- Be sure to store salad in the refrigerator at 41°F or below.
- To store feta cheese, keep it refrigerated and in its original brine (liquid).
- Feta cheese will last up to 1 week when stored properly.
- Feta cheese can be frozen if in an air-tight container and will last 6 to 12 months when frozen properly.

Food safety tips provided by Clemson Cooperative Extention, https://hgic.clemson.edu/factsheet/safety-of-stored-foods/

This recipe was provided by the Michigan Farmers Market Association. Development was supported by a Food Safety Training and Education grant provided by the Michigan Department of Agriculture and Rural Development. For more recipes and program information, please visit mifma.org.

