



# COTTAGE FOOD CHEAT SHEET

## Cottage Food Requirements

- Items cannot require time and/or temperature control for safety
- Items must be made in the kitchen of the person's primary domestic residence
- The products can't be sold to retail stores; restaurants; over the Internet; by mail order; or to wholesalers, brokers or other food distributors who resell foods.
- Link to [MDARD landing page](#)

## Examples of Allowable Cottage Foods

- Baked goods (cakes, cookies, muffins, etc.), granola, whole or ground coffee beans, breads, fruit or vegetable butters, dried mixes such as dip or soup, hard candy, peanut or other nut butters, popcorn, dehydrated fruits and vegetables, vinegars

## Examples of NOT Allowable Cottage Foods

- Pet food and treats, pickles or other pickled/acidified foods, products containing cooked vegetables (such as sauces or salsas), kombucha, meat jerky, raw seed sprouts, cut melon, caramel apples, hummus, cheese, smoked fish, desserts that must be refrigerated to assure safety (cheesecakes, items with cream cheese frosting, cream based pies), all beverages (kombucha, brewed coffee, juices),

**Examples of foods specific to your market that have required additional research:**



517-432-3381



480 Wilson Road, Room 172  
East Lansing, MI 48824



[mifma.org/Legacy](http://mifma.org/Legacy)